



THE MAYHEW PROGRAM

...a good start on the future

YOU ENCOURAGE ME TO BE ME

When you help make Mayhew happen for the boys, you're doing a lot...

Nolan (age 10), writes of his school year visits with the staff, **"You encourage me to be me and you accept me the way I am and you give me very good examples how to be a good, positive, real man."**

Back in 1996, Brody's school counselor wrote, "Brody has a negative view of himself and the world around him. Sometimes Brody lacks sensitivity toward others. He also has limited problem-solving skills [and] tends to give up when things appear too difficult." This past May, 21 years later, Brody emailed, **"Mayhew changed my life and instilled a lot of great values in me."**

Now well into his second year in the program, *Jace* emailed, **"You have to work as a team to get through all of the challenges you face...Respect. Responsibility. Community. Challenge. That's what I think of Mayhew, as my home."**

Last March, Keith (age 18) looked back on his 7 years with Mayhew, **"It is still so surreal to think about where I have made it to and how much this program has had to do with it. I really look forward to seeing how Mayhew will play a role in the next step of my life."** Keith has now stepped into his freshman year in college, where he's benefitting from Mayhew scholarship support.

What you're doing here is encouraging Nolan to be Nolan; instilling great values in Brody; showing Jace how to tackle challenges as a team; helping Keith on his way to an even better place in his life. You are encouraging **244 boys and young men from across New Hampshire—Mayhew's largest enrollment eve**—to be their best "Me"s. There's an awful lot to this—all of it challenging—but you're doing it. And that's doing a lot!

A deeply grateful teammate,

Jim Nute
Executive Director

▼ **Being me—February.** Colin Buckley (Program Director) and D.J. on the Mayhew ski trip, courtesy of a family foundation.



▼ **Being me—May.** Colin Lucas (Outreach Worker) and Abe, teaming up at the Wason Pond Pounder race, courtesy of the Chester Charitable Foundation.



▼ **Being me—July.** Liam and Jeremiah on Mayhew Island, courtesy of you.



NH MARATHON

25 YEARS OF RUNNING FOR THE KIDS!

On September 30th, more than 500 runners participated in the 25th NH Marathon; a wonderful Newfound Lake tradition comprised of four races: a full marathon, half marathon, 10k and children's run. All the races are equal parts beauty and challenge with great views, and hills that are steep and long.

Beneficiaries of this special event have long been the children of: The Circle Program, Tapply-Thompson Community Center and The Mayhew Program. Over its 25 years, the Marathon has raised more than \$200,000 in support of the children. This year, each program received \$8,900.

Our hearty thanks go to the many race sponsors—led by Bristol Hannaford Supermarket—the members of the NH Marathon Committee—for their tireless work and dedication—as well the dozens upon dozens of other volunteers who helped race day run smoothly. And we extend our thanks and admiration to the runners themselves. Among them, former Mayhew Outreach

▼ **A grateful gang.** Some of the Mayhew community, following the NH Marathon celebration on November 5, 2017.



Worker Brett Billings—who had an impressive 4th place finish in the 10k race. Following Brett a bit further back in the pack was Ashler—now in his fourth year with Mayhew—and Ashler's Outreach Worker, Giancarlo Negrone.

BOYS DONATE \$451.25 TO FAMILIES IN TRANSITION

We all know that it takes a lot of work to earn a paycheck; the same is true for the boys on the Island every summer as they work to earn Mayhew Money. Mayhew Money is earned through the daily work hours, which all feature jobs that need doing to keep the Island community functioning (rowing the garbage to the mainland Dumpster, clearing trails, splitting wood, etc.). The boys are paid according to how hard they work and how well they work with their cabinmates. They can then spend their money in the Mayhew Market, which is also where they can contribute to that summer's designated charity. All we do is explain what the charity is about. It's then completely up to the boys whether they make a contribution or not; it's their money after all.

For the last nine years on Mayhew Island, the boys have had the option of making a donation to a pre-selected New Hampshire charity; no pressure, just an option. This year, 54% of the boys chose to make a donation, with two boys, Quentin and Bryce, choosing to contribute all of their earnings! This summer's designated charity was Families in Transition, which provides support to families who are under-housed or homeless.

▼ **Contributing.** From left, Steven Rossmessl (Outreach Worker), Quentin, Jacob, Maureen Beauregard (President, Families in Transition), Kegan, Jim O'Brien (Outreach Worker), Bryce and Jim Nute (Executive Director).



Mayhew calls for the boys to live by the ideals of Responsibility, Respect, Community, and Challenge and then supports them in doing so. This donation is a testament to the boys in choosing to give back to their community.

MAYHEW COMMUNITY MAKES A DIFFERENCE

BY GRAYSON RICHEY

Junior opens the door of the YMCA and climbs into my car. He has a school bag that sounds like it's filled with forty pounds of books as it thumps into the backseat. I ask him why he's so tired and, as we drive to find somewhere to grab a bite to eat, he explains. He started this day, like every weekday, at four in the morning. He walked a mile-and-a-half to the YMCA, where he put in some conditioning and practice to stay sharp for the basketball season. At six, he headed back home to get ready for school. After school, his normal routine is either to go back to the YMCA or to head off to his part-time job at a local pizza place.

I ask Junior how it is to have money in his pocket and he explains that the bulk of his paycheck goes to helping his mom with groceries, so he wouldn't know. I ask about school, concerned he might be falling asleep in class due to his rigorous schedule. He tells me he has straight A's, except for one C. I ask him what the C is in and he explains that it's in Advanced Placement Statistics. I remark that it must be a challenging class, but Junior explains that's not why he has the C.

He has the C because the course requires a graphing calculator and, as he exclaims, "I can't afford a two-

hundred dollar calculator, Bro'!" Without the calculator, Junior has had to leave many test sections and homework assignments blank. While the school initially had some calculators available, they were allocated to another class. When he can, Junior borrows a friend's calculator. But this is no every day fix to Junior's every day need.

Luckily, he's a *Mayhew guy*, which means he has a community behind him, recognizing his indomitable work ethic and doing everything in its power to support it. Less than a week after first bringing this issue to Mayhew's attention, a donated graphing calculator was handed to him while he stood behind the register at his part-time job.

A financial or in-kind contribution to Mayhew means a lot here. It means that a young man who has every reason not to succeed, but refuses to give in, has the support to meet his true potential. It means that young men who may not possess the same strong will that

Junior has can be counseled and guided toward their own measure of success. A contribution to Mayhew is a recognition of the challenges our boys encounter and, simultaneously, a means to rise above what life has handed them.



▲ Junior, Mayhew Island Kitchen Staff-2017, on the way to the mainland to pick-up a food delivery. For several summers now, Junior has been delivering thoughtful leadership and hard work as a member of the staff, earning a summer salary and matching educational scholarship funds.

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Grayson coordinates the Program Extension, for our 16-18-year-olds. He joined Mayhew in 2010. Junior, whose family is part of the refugee community, enrolled at Mayhew in 2011 at 11-years-old. At the time, Junior's mother was looking for consistent male role models and for opportunities for more positive experiences for him. Mayhew has provided both. During the summers, Junior works in the Mayhew Island Kitchen, where his salary is matched and reserved for his postsecondary education. Junior is currently applying to colleges for next fall.

BRANDON, 15:

It's a second home/family for me...I could trust [Mayhew] with my life and every one in it.

MAX'S MOTHER:

Max behaves differently. He seems to be calmer. He does not seem to have a hot head (before he went to Mayhew he was always yelling at you for things)...He has a better attitude about things. Mayhew was the best thing for him. Thank you so much for everything everyone did for him.



Ready to row. ▶

80% OF BOY SURVEY RESPONDENTS REPORT SCHOOL YEAR MENTORING VISITS HELP THEM FEEL MORE POSITIVE ABOUT THEMSELVES.

▼ Family.



KYLE, 14:

Mayhew means a safe and comfortable place to me. It has shown me how to respect others and showed me how to be responsible.



▲ Team.

90% OF PARENT SURVEY RESPONDENTS REPORT SCHOOL YEAR MENTORING VISITS HELP THEIR SONS DEAL BETTER WITH PROBLEMS THEY ARE HAVING.



GABE, 13:

Bonding, friendship, love and awesomeness.

HENRY'S MOTHER:

Henry has become more aware of other people's feelings and, so far at school, he has learned self-control. No problems yet.

94%

OF BOY SURVEY RESPONDENTS REPORT THEY CAN BE THEMSELVES AROUND THE STAFF MEMBER WHO VISITS THEM DURING THE SCHOOL YEAR.



▼ Preparing to fly.



◀ A Summit Meeting.

JORDAN'S MOTHER, ON HIS SCHOOL YEAR VISITS WITH MAYHEW:

My son is getting older and maturing and these visits are always the positive reinforcement.

▼ **Presenting in NYC.** Program Extension Coordinator Grayson Richey, facilitating a workshop on Goal Management at the Algorhythm/Youth Inc. "The Art & Science of Creating Effective Youth Programs" Seminar in April.



PATRICK, 17:

My outreach worker is there if I'm in a troubling time or if I need someone to talk to.

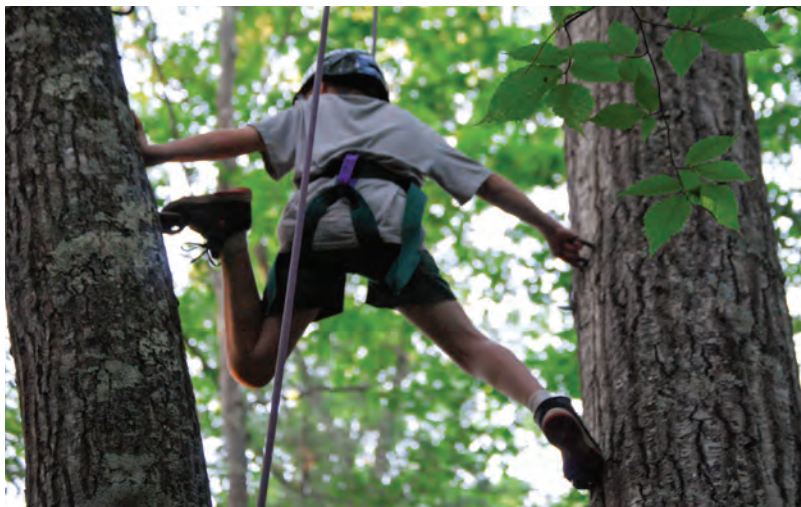
JUNIOR, 16:

If I have a problem, my outreach worker gives good options on how to solve it.

Mayhew participates in a youth development evaluation by Algorhythm (www.algorhythm.io), which now includes more than 260 programs across the nation and over 10,000 youth. Below is a sampling of 2017's summer results as compared with the most recent Algorhythm benchmark (in parentheses):

- 45%** of the boys from Mayhew's second summer session made gains in **Self Management** (*42%).
- 50%** of the Links (12-16-year-olds) made gains in **Social Skills** (*36%).
- 36%** of the boys from Mayhew's first summer session made gains in **Academic Self-Efficacy**, the motivation and perceived mastery towards positive school performance (*25%).

*Algorhythm benchmark.



▲ Stretch.

THANK YOU, COLIN BUCKLEY

In January, Program Director Colin Buckley announced that, following the 2017 summer, he would be stepping down from the staff to pursue his Master's in Social Work back in his "home" state of Michigan (A proud and intrepid Canadian, Colin has had several "homes" in his life.). From 2009 through this August, Mayhew learned from Colin, laughed with him and

▼ Being Mayhew, 2017. Colin (center) joins Zander and his mom, Charlotte, in celebrating Zander's second summer.



marveled at the energy, talent and dedication he invested in helping the boys find their best and in leading Mayhew to its best in the good times and the trying ones, too.

Though Colin is now hundreds of miles away in Michigan, his is the sort of lively and lasting presence that has us feeling like he's never that far from his Mayhew home. We think the following appreciation from Hayden, one of the boys Colin worked with early on in his Mayhew career, has a very current ring to it: **"Colin and I can relate to a lot of things...He reminds me to use the life lessons I learned at Mayhew...Mayhew, Canada and America rock!"**

Thank you, Colin, for your years of rocking service to the boys (and the staff, too)!

And a hearty "Welcome back!" to fellow Colin fan, Greg Stoutzenberger, who has returned as Program Director to help lead Mayhew forward. Greg previously served as Program Director from 2011-2015 and as a member of the Outreach Staff from 2007-2011.

COMMUNITY SUPPORT MAKES DREAM POSSIBLE

On August 4th, more than thirty contributors, volunteers and friends gathered at the Base House to celebrate the completion of the new 19.8 kilowatt solar array. What began as a dream has become a shining reality thanks to the ingenuity, persistence and hard work of volunteer project manager Ivan Quinchia and financial support from the Thomas W. Haas Fund of the New Hampshire Charitable Foundation, The Rotary Clubs of Bristol, Plymouth, Lincoln-Woodstock, Littleton, Franklin and The Rotary District #7850 Foundation. Many other friends, including the Plymouth Area Renewable Energy Initiative (PAREI), were also helpful in bringing this project to life.

In thanking all these friends and leaders, Executive Director Jim Nute said, "We feel very fortunate to



▲ Energizing the boys. From left, Wally Strauch (Franklin Rotary), Ron & Marilyn Bedell (Rotary District #7850 Fndn.), Grayson Richey (Mayhew Program Extension Coordinator), Junior (Mayhew Extender), Wendy Williams (Bristol Rotary), Bill Clark (Plymouth Rotary), and Bob Broadhurst (Bristol Rotary).

be with you now in celebration of this solar array project—a people-helping-people achievement, if ever there was one. For years to come, it will save Mayhew thousands of

dollars in electricity expense, and that savings will be invested directly in our work with the boys, making this experience ever stronger for them."

HELP MAYHEW CELEBRATE 50

In 1969, nine Manchester boys were selected to spend six weeks on Mayhew Island; they were the first of what have now been more than 2000 boys to participate in the program. 2018 will mark Mayhew's 50th summer and 2019 will be our 50th anniversary year!

Plans are underway to celebrate this milestone in Mayhew history. We are busy working to reconnect with former boys, staff, trustees and other participants in the Mayhew story. There is a new Facebook page, "Mayhew Alumni," to help with this reconnecting and you can strengthen this effort by sharing the contacts you have made over the years. We are collecting stories and photos and will have multiple opportunities for sharing in the coming months.

Mayhew begins, Class of 1969.

Paul Anderson,
Emile Krajewski,
Tom Luksza,
Tom Szelog,
Marty Paquette,
Billy Barrick,
George Riley,
David Jutras,
and Robert
Marchwicz,
Manchester City
officials: Chris
Spirou and Mayor
John Morgan,
and Mayhew's
Jon Choate.



NEWS FROM THE CIRCLE PROGRAM: CIRCLE CAMPERS ENJOY NLRA ECO-TOURS

BY KATHLEEN KEARNS, EXECUTIVE DIRECTOR

For the first time this year, Circle Camp curriculum included a "Service to Nature" project that engaged the girls in **Eco-Tours on Newfound Lake** with a field biologist from the **Newfound Lake Region Association**. The idea was to expand Circle's STEM curriculum activities (Science, Technology, Engineering and Math) so that the girls would take greater ownership and pride in protecting the Newfound Watershed—including stewardship of Spectacle Pond, the shoreline waterfront adjacent to Circle Camp.

Thanks to several grant awards for STEM curriculum development in both 2016 and 2017, the campers traveled to Grey Rocks Conservation Area for departure on the Eco-Tour pontoon boats. Even though most Circle girls live in New Hampshire's Lakes Region, for some, this was their first trip in a boat on a lake! The girls learned about invasive water species, the freshwater aquatic ecosystem, and considered ways they could help maintain the health of the watershed. The Eco-Tour experience provided a waterborne classroom that



served as the vehicle for girls to develop their skills in the many dimensions of conservation leadership.

Inspired by their experience with the NLRA, three of the Circle teens that are particularly interested in science and environmental studies, expanded their learning by putting their Eco-Tour skills to the test. The teens joined Executive Director Kathleen Kearns and Spectacle Pond Association officers David

Godbout and Craig Williams for a water-quality testing session on Spectacle Pond. The girls worked with a field biologist from VLAP—the Volunteer Lake Assessment Program of the NH Department of Environmental Services. Together they tested the water for clarity using a view scope and Secchi Disk, measured algal growth with a chlorophyll sample, and tested for phytoplankton and other bacteria. One of the Circle teens told us she "loves this kind of work" and hopes to go to college to study marine biology!

*For more information about The Circle Program, go to www.circleprogram.org or call 603-536-4244.



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Lunches 10:30-1:00

June 27 & 28

July 2, 4, 5, 9, 10, 25, 26, 30, 31

August 1, 2, 4, 6, 8

Dinners 5:30-8:00

July 3, 5, 26, 31

August 2, 6

▼ The best lunch on Newfound Lake



WISH LIST

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NH RESTAURANTS.

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1 NEW TORO 22" LAWNMOWER \$300

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293 West Shore Road • PO Box 120
Bristol, NH 03222

(603) 744-6131 • Fax (603) 744-8347
www.mayhew.org

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